



Children's Personalized Allergy Menu now available
at BIN189 at Lake Arrowhead Resort and Spa

When making up children's menus, thought is seldom given to the special dietary restrictions that some children have. Jim Lindfors, Executive Chef at BIN189, has seen an increase in special dietary requests for children at the Resort and knows this first hand as his son is one of the growing number of children nationwide that has special dietary restrictions.

"I noticed that when my family and I went out to eat there were no menus out there for kids with restricted diets. This last December I received a call from a mother coming up with her family. Her son had a restricted diet so while talking to his mother on the phone we created a menu specifically for him," said Lindfors. "I received a call after they left and the mother said that her son was excited and surprised as this was the first time he had been given an option for dinner. Normally he was told 'we can make this, or we can make that' and that was that," he added.

Now BIN189 at the Lake Arrowhead Resort and Spa caters to this special need and offers a children's "Personalized Allergy Menu." When a parent notifies any of the staff that their child has special dietary needs the call or information is forwarded to Chef Lindfors. He contacts the parent directly and working with the parents, Chef Lindfors and his staff will create special menus for a specific child with dietary restrictions.

The menu, which boasts the heading "A Menu Created Especially for" adds the child's name and gives the child choices of items that he or she may choose from.

In addition, BIN189 servers are very knowledgeable about the ingredients in each menu item. A list of all menu items and their ingredients is provided to the servers and only after passing a test of that knowledge are they permitted to become servers.

This program is one of the unique amenities found at the Lake Arrowhead Resort and Spa that sets it apart from other destination hotels. While this type of program is not mainstream, Chef Lindfors hopes that by providing children with their own special menu's this will become a trend at other dining establishments and help make things a little easier for parents dining out with children who have special dietary needs.

BIN189 would appreciate a 2 day advance notice of dietary restrictions so they have enough time to purchase required foods and put the customized menu together. To work with Chef Lindfors regarding your child's "Personalized Allergy Menu" please call BIN189 at (909) 337-4189.